



The 26th Annual 50+ Festival 2019



**Come and join the Festival
during July 2019
Box Office: 020 8560 8108**



Heathrow Community Fund





Welcome to your Festival July 2019

This year we celebrate the twenty-sixth Hounslow Older People's Festival. Following the enormous success of our launch of the Festival 2016 with a Jazz Boat trip from Kew Gardens Pier to Hampton Court, this year we have organised a boat trip down the Thames from Kew Gardens to Westminster. This will be a fantastic start to an action-packed July for older people in Hounslow. As in previous years our trip to Brighton during the last week of the Festival will be intergenerational so people of all ages are welcome to attend but they must be accompanied by an older person.

During the Festival this year we are looking forward to seeing lots of people we have met over the years as well as a lot of new people who are taking part in our Festival events, activities, trips and visits for the first time. As always the Festival will be an opportunity for older people to get together, enjoy a range of activities and events taking place across Hounslow, learn new things and make new friends. The workshops this year include Bollywood Dance, Clay Construction, Arts and Crafts and more. There are coach trips to Brighton, the beautiful gardens of Waterperry and Winchester with a visit to the Gurkha Museum. Use your Freedom Pass to join us on visits to some fascinating places in London. It is hard to book for some of the Freedom Pass visits that are included in this year's Festival, so don't miss the opportunity to join us on these trips.

I would like to thank Ruth Cadbury, MP for Brentford and Isleworth. For the second year running she has organised a tour of the Houses of Parliament for older residents of Hounslow as part of the Festival.

Hounslow Older People's Festival would not exist without the contributions made by the many local organisations and individuals in the Borough that support us. I would especially like to thank The Musical Museum for providing the Festival Box Office again this year.

Satish Dutt, Chair Hounslow Seniors Trust

Hounslow Older People's Festival 2019

for further information visit
www.hounslowseiorstrust.org

How to book

Unless otherwise stated all events must be booked through
 The Musical Museum, 399 High Street, Brentford, TW8 0DU

Telephone: 020 8560 8108

Tickets on sale from Tuesday 4 June

**The Box Office is open Tuesday, Friday, Saturday & Sunday
 11am to 4pm**

Closed all day Monday, Wednesday and Thursday

Find venue addresses and transport information on pages 14-15

Please check accessibility details when booking and inform
 the box office if there are wheelchair users in your group.
 The coaches for trips do not have wheelchair access.



Sunday 30 June

- **Spencer House and Gardens..... Freedom Pass Trip**
1.45pm meet your escort outside the main entrance to the Ritz Hotel
(Green Park Underground). £15

London's most magnificent 18th Century private palace built for the first Earl Spencer, ancestor of Diana, Princess of Wales. A blue badge guide will take you through the house and you will have the rare opportunity to visit the gardens overlooking Green Park accompanied by a garden historian. Booking through the Box Office essential.

Monday 1 July

- **Jazz Boat from Kew to Westminster Trip**
11.15am meet your escort at Kew Gardens Pier. The boat sails at
11.30am and returns by 3.30pm. Board the boat at Kew Gardens Pier,
TW9 3BE. The pier is on the Kew side of the river by Kew Bridge. £22

Enjoy a leisurely trip down the River Thames from Kew to Westminster and back. There will be a commentary explaining the landmarks you pass, a 3 piece Jazz Band to serenade you and a light lunch will be served. A trip not to be missed!

Booking through the Box Office essential.

Tuesday 2 July

- **Sri Lankan EventLunch and Entertainment**
11am-2pm, The Hive, 359 Hanworth Road, TW3 3SQ. £5

Enjoy Sri Lankan folk dances and music. There will be a delicious Sri Lankan lunch and the opportunity to socialise with the performers and learn more about their culture.

Booking through the Box Office essential.

Wednesday 3 July

- **Live Music & Creativity Event**
1:30-3:30pm, Danehurst Activity Centre, Danehurst House, Brent Lea, Brentford, TW8 8HX. FREE

Come and experience the delights of Carnival. From 1.30-2.30pm there will be a couple of 'taster' art activity tables followed by live music from The Steel Pan Agency. Light refreshments will also be served.

Booking through the Box Office essential

Thursday 4 July

- **Arts and CraftsWorkshop**
10.30-11.30am, Danehurst Activity Centre, Danehurst House, Brent Lea, Brentford, TW8 8HX. FREE

Join Fun and Fitness for a taster session of Arts and Crafts. After the Festival there will be an opportunity to join us for a series of arts/crafts workshops so come along and sign up today if you would like to get artistic.

No need to book just turn up on the day.

Friday 5 July

- **Lambeth Palace Gardens Freedom Pass Trip**
11.45am meet your escort in the entrance to the Garden Museum, 5 Lambeth Palace Rd, Lambeth, London SE1 7LB next door to Lambeth Palace Gardens. £5

Lambeth Palace, on the south bank of the Thames, has one of the oldest and largest private gardens in London. It has been occupied by the Archbishops of Canterbury since 1197. Open to the public only six times a year this is a rare opportunity to visit an historic and tranquil space in the heart of London. Today the garden is open for the benefit of the Barons Court Project a charity providing a friendly drop-in for vulnerable people on low incomes where they find a welcoming space and access to support. Refreshments available at your own cost.

Booking through the Box Office essential.

- **Masonian Bowls Club** **Event**
2-5pm, Masonian Bowls Club, Market Drive, Chiswick, W4 2RX. FREE
 The club is named after the Mason brothers who created Cherry Blossom boot polish! Come along wearing flat shoes or trainers. Learn the basics of bowling and then have fun playing a friendly match against other beginners. There are prizes for the winning team and tea and cake for everyone. A fun afternoon. You can just turn up, but it would be good to call Andrew Tucker at the Bowls Club on 07456 772760 to let him know you are coming.

Saturday 6 July

- **Hounslow Chinese Community Centre** **Lunch**
1-4pm, United Reform Church, 114 Hanworth Road, TW3 1UF. £7
 Celebrate summer with the Chinese Community. There will be entertainment including singing and dancing and an excellent Chinese lunch. Booking through the Box Office by 28th June is essential as food has to be prepared.
- **Tea Dance** **Event**
2.30pm, The Musical Museum, 399 High Street, Brentford, TW8 0DU. £5.50p
 Strictly Fun - A social afternoon of Ballroom, Latin and Sequence dancing to the DJs selection of popular dance tunes. All levels of ability are welcome and a partner is not required. Free dance lesson at 2pm. Tickets £5.50 including a glass of prosecco or tea/coffee. Booking through the Box Office essential.

Sunday 7 July

- **Isleworth Riverside** **Heritage Walk**
2.30pm, meet at All Saints' Church, Church St. Isleworth, TW7 6BE. £3
 A circular walk with magnificent views of the Thames. See the one-time home of landscape artist J M W Turner and almshouses occupied for 350 years that are bordered by a man-made river dug in Tudor times. Teas will be available afterwards at the church. No need to book, just turn up and pay on the day.

Monday 8 July

- **Royal Hospital Chelsea.....Freedom Pass Trip and Tour**
1.15pm, meet your escort at The London Gate, Royal Chelsea Hospital,
Royal Hospital Rd, London, SW3 4SR (map provided when booking). £12
 The Royal Hospital is a Grade I and II listed site, a beautiful architectural legacy left to us by Charles II and Sir Christopher Wren. Tours are 90 minutes followed by 30 minutes for the Museum and Gift Shop. The tour, led by a Chelsea Pensioner, will take you across the length of the site to visit the main attractions including The Great Hall, The Chapel and Figure Court. Booking through the Box Office essential.

Monday 8th, 15th and 22nd July

- **Ceramic Wind Chimes.....Workshop**
10:30am-12:00pm, Frogley House, Estridge Close,
Hounslow, TW3 3RE. FREE
 A three week project. The first week will be hand building the clay pieces which will be fired in the kiln to turn them into ceramics. The second week you will add details with glazes (ceramic paint which turns shiny in the kiln). The last week will be assembling all of your pieces with ribbon and string to create your unique wind chimes.
 Please call Charlotte Skinner on 020 8844 1802 to book as spaces are limited.

Tuesday 9 July

- **The Good Company.....Lunch**
12-1.30pm, St. Paul's Church, Bath Road, Hounslow, TW3 3DA. FREE
 We invite you to join us for food, fun and friendship in a friendly and caring atmosphere. A free light lunch is provided. For more information contact 020 8581 5537 or e-mail info@hwparish.org.uk

Tuesday 9th, 18th and 23rd July

- **Ceramic Wind Chimes.....Workshop**
1:30-3:00pm, Greenham House, 55 Stanborough Road,
Hounslow TW3 1YF. FREE
 A three week project. The first week will be hand building the clay pieces which will be fired in the kiln to turn them into ceramics. The second week you will add details with glazes (ceramic paint which turns shiny in the kiln). The last week will be assembling all of your pieces with ribbon and string to create your unique wind chimes.
 Please call Charlotte Skinner on 020 8844 1802 to book as spaces are limited.

Tuesday 9th, 18th and 23rd July

- **Ceramic Wind Chimes** **Workshop**
2:30-4:00pm, Edward Pauling House, Westmacott Drive, Feltham, TW14 9RJ. FREE

A three week project. The first week will be hand building the clay pieces which will be fired in the kiln to turn them into ceramics. The second week you will add details with glazes (ceramic paint which turns shiny in the kiln). The last week will be assembling all of your pieces with ribbon and string to create your unique wind chimes.

Please call Charlotte Skinner on 020 8844 1802 to book as spaces are limited.

Wednesday 10 July

- **National Theatre Backstage** **Freedom Pass Trip and Tour**
12.15pm, meet your escort at The Box Office in the Main Foyer of the National Theatre, Upper Ground, Lambeth, London SE1 9PX. £10

The National Theatre creates over 20 new productions every year. Join a behind the scenes tour to see preparations for the shows. These include set-building and props making in the workshops. No two tours are ever the same so come and see what's happening backstage today.

Booking through The Musical Museum Box Office essential

Thursday 11 July

- **Wellbeing Day** **Event**
10.30-11.30, Danehurst Activity Centre, Danehurst House, Brent Lea, Brentford, TW8 8HX. FREE

Join Fun and Fitness for a feel good morning with a talk and fun activities that promote physical and mental wellbeing. Enjoy some healthy snacks. Booking through the Box Office essential.

- **History of Breweries in our Borough** **Talk**
6.30pm, Brentford Library, 11F Boston Manor Road, TW8 8DW. FREE

Local historian James Marshall presents an illustrated talk on the history of brewing and historic breweries in the Borough of Hounslow.

Booking essential call Brentford Library 020 8583 5550.

Friday 12 July

- **Winchester and Gurkha MuseumCoach Trip and Tour**
10am, meet the coach at the corner of Balfour Road and
Montague Road, Hounslow, TW3. £18

Our visit starts with a tour of the Gurkha Museum where you can learn about Nepal and the 200 year history of the Brigade of Gurkhas. You will then have time to explore Winchester. There is so much to see, the medieval Great Hall with a round table romantically associated with King Arthur, the Cathedral, Winchester City Mill and lots more.

Booking through the Box Office essential.

Sunday 14 July

- **Isleworth Graveyard to CemeteryHeritage Walk**
2.30pm, meet at All Saints Church, Church Street, TW7 6BE. £3

An intriguing gentle circular stroll that explores Isleworth's history through its former residents. Find out why heroine Alice Ayres is honoured in Postman's Park and why a monument was erected in Isleworth to her memory. Also remembered are 149 plague victims, a fatality on the Titanic, characters such as Queen Elizabeth I's bear-keeper and many more.

No need to book, pay the guide on the day.

Monday 15 July

- **Tea DanceSocial**
2-4pm, Age Concern Chiswick, Oxford Road North, W4 4DN. £3

A fun afternoon with music, dancing, a raffle and a good tea.

Booking essential. Call Age Concern Chiswick 020 8742 7007 on a Monday or Thursday or email ageconcernchiswick@talktalk.net

Tuesday 16 July

- **Waterperry Gardens (near Oxford)Coach Trip and Tour**
10am, meet the coach at the corner of Balfour Road and
Montague Road, Hounslow, TW3. £22

Waterperry Gardens is where the School of Horticulture for Ladies was established in 1932, producing mainly fruit and vegetables. Now it is a magical place where visitors are surrounded by trees, shrubs and flowers. Enjoy a guided tour of the gardens and explore the extensive estate. There is a tea shop for lunch, or bring a picnic.

Booking through the Box Office essential.

Wednesday 17 July

- **Live Music and Creativity** **Event**
1.30-3.30pm, The Hub, next to Feltham Library, 2nd Floor, The Centre, TW13 4GU. FREE

Enjoy an exhibition of local people's art work including mosaic, sewing, needlework and more. There will be a couple of 'taster' art activity tables from 1.30-2.30 and live music by The Fusion Band from 2:30-3:30pm. Light refreshments will also be served.

Booking through the Box Office essential.

Thursday 18 July

- **Bollywood Dance** **Workshop**
10.30-11.30am, Danehurst Activity Centre, Danehurst House, Brent Lea, Brentford, TW8 8HX. FREE

Join Fun and Fitness for a taster session of Bollywood Dance with Rachel. After the Festival there will be an opportunity to join us for a series of dance workshops so come along and sign up today if you would like to get dancing. No need to book just turn up on the day.

Friday 19 July

- **Kew Gardens** **Tour**
Tours at 11.30am and 2pm, meet at Queen Elizabeth Gate Kew Gardens 15 minutes before the start of your chosen tour. £4

This is your opportunity to enjoy the magic of Kew from the comfort of the Discovery Bus. During the tour your guide will introduce you to many of Kew's plants and trees from around the world.

Booking through the Box Office essential.

Saturday 20 July

- **The West Middlesex Family History Society** **Drop-in**
10am-1pm, Feltham Library Local Studies Department, The Centre, High Street, TW13 4GU. FREE

Are you struggling with your family history? Even if your family is not in the West Middlesex area we can still offer advice on researching your family.

No need to book, just turn up.

Sunday 21 July

- **York Road Open Garden** **Visit**
3pm, meet your escort at 38 York Road, Ealing, W5 4SG. £4

A hidden oasis full of surprises and built on several different levels. This walled corner garden was restored and expanded by its garden designer owner. There are a number of beautiful and diverse areas within it including a woodland dell path, circular sun terrace, large pond with waterfalls and a flower filled parterre. Homemade teas available.

Just turn up and pay on the day.

Monday 22 July

- **Houses of Parliament** **Tour**
11.15am, meet your escort at The Cromwell Green Visitor Entrance to the Houses of Parliament (map provided when booking). £5

For the second year running, Ruth Cadbury MP for Brentford and Isleworth has organised a tour of the Houses of Parliament for older residents of Hounslow. Explore some of the most famous rooms and discover more about the building's fascinating history and present day use. Find out how the UK Parliament works and be inspired by Westminster Hall which is almost 1000 years old.

Booking through the Box Office essential.

Tuesday 23 July

- **Multi-Cultural Centre** **Lunch**
1-2.30pm, Multi-Cultural Centre, 49-53 Derby Road, TW3 3UQ. £7.

Come and join us for a delicious freshly cooked vegetarian lunch in a relaxed and friendly atmosphere.

Booking essential call 020 8577 2702.

- **Osterley Bowls Club** **Event**
2-4.30pm, Osterley Bowls Club, St. Mary's Crescent, TW7 4NB. FREE

Join us for free bowls coaching and then try your new skills playing a fun game. All you need are flat shoes and casual clothes. Refreshments available at a small charge.

Just turn up or for more information call Bob Kiddle on 020 8568 6800.

Wednesday 24 July

- **Gadget Surgery - Feltham LibraryWorkshop**
11am-1pm, Feltham Library, The Centre, High Street, TW13 4GU. FREE
 Got a problem with your laptop? Confused by your phone? Tablet trouble? Unsure about emails? Bring in the gadget that is causing you worries. Our friendly Gadget Doctor can help. She will show you how to deal with the IT and give good advice in everyday language.
 No need to book, just drop in and ask staff for location of the workshop.

Thursday 25 July

- **Dorich House MuseumFreedom Pass trip and Tour**
11.15am, meet your escort at the main door of Dorich House Museum, 67 Kingston Vale, SW15 3RN. There is free parking at the Museum. £8
 This is one of London's hidden gems. Completed in 1936 it is the former studio and home of the sculptor Dora Gordine and her husband the Hon. Richard Hare. On your guided tour you will explore the building, see many of Gordine's beautiful sculptures as well as her husband's Russian icons and hear the fascinating story of the couple's work and life. Coffee and tea will be served on arrival. There is easy access to main parts of the building, but stairs to the roof terrace.
 Booking through the Box Office essential.
- **Local Brewery HistoryFilm**
6.30pm, Chiswick Library, 1 Dukes Avenue, London W4 2AB. FREE
 This film is part of a series recording the history of work in London using old photographs and filmed interviews with workers. This film features interviews with past and present employees of local breweries including Fullers at Chiswick.
 Booking essential call Chiswick Library on 020 8583 5551.

Friday 26 July

- **Victorian Vignettes..... Concert**
3pm, Hampton Court Palace, Clore Learning Centre, East Molesey, Surrey, KT8 9AU. FREE
 Connaught Opera is performing "Victorian Vignettes" at Hampton Court Palace to mark the long reign of Queen Victoria. The programme will include 'Inspirational Songs' from the era, Indian Love Lyrics, Mendelssohn's Music, a Melodrama and a fun singalong.
 Booking through the Box Office essential.

Saturday 27 July

- **The Musical Museum..... Open Day**
10.30am-4.30pm, The Musical Museum, 399 High Street, Brentford, TW8 0DU. FREE

Join us for a community day featuring mini-tours of the collection and street instruments outside on the lawn. Find out how mechanical musical instruments work and sound. Enjoy listening to the Mighty Wurlitzer organ in the concert hall and take in the Wurlitzer Exhibition celebrating the organ's 90th Birthday. Children's activities include an art table and a gallery trail. Refreshments available all day.

No need to book just turn up on the day.

Monday 29 July

- **Brighton..... Coach Trip**
10am, meet the coach at the corner of Balfour Road and Montague Road, Hounslow, TW3. £16 adults, £14 under 18's

An ever popular choice for a day by the sea Brighton has lots to offer. If the sun is shining, swim in the sea from the pebble beach or enjoy traditional fun on Palace Pier with stunning views of the town and along the coast. On a dull day visit Sea Life, a Victorian aquarium, the Royal Pavilion or the Museum. The maze of alleyways in The Lanes are good to explore as is the North Laine with lots of unusual shops and good eating places. This trip is for people of all ages as long as they are accompanied by an older person. Booking through the Box Office essential.

Tuesday 30 July

- **British Library..... Freedom Pass Trip**
1.40pm, meet your escort at the information desk at the British Library, 96 Euston Road, Kings Cross, London NW1 2DB. £7

This is a walking tour of the conservation studios lasting 75mins. See the conservation work and gain an insight into the techniques used to care for the collections including textiles and paper. You may also be able to visit the digitalisation project of sound recordings. The Library is open till 20.00hrs and you are free to visit the treasures gallery and the free exhibition *Unsuitable Game for Ladies: A Century of Women's Football*. Women's football has had a very interesting century. From huge popularity during World War One, to being banned by the FA in 1921, up to today's game which is thriving as never before.

Booking through the box office essential

- **Masonian Bowls Club** **Event**
2-5pm, Masonian Bowls Club, Market Drive, Chiswick, W4 2RX. FREE
 Another chance to learn the basics of bowling at the Masonian Bowls Club. For details see the entry on Friday 5th July.
 You can just turn up, but it would be good to call Andrew Tucker at the Bowls Club on 07456772760 to let him know you are coming.

Wednesday 31 July

- **Afternoon of Music and Dance** **Festival Closing Ceremony**
2-4pm, Danehurst Activity Centre, Danehurst House, Brent Lea, Brentford, TW8 8HX. £6
 Come and relax after a hectic month of Festival activities. Enjoy live music with the Phil Phillips Trio. Singer/pianist Phil Phillips is a walking encyclopaedia of popular songs. After over 60 years in show business he's accumulated a vast repertoire of hits from West End Musicals to Fats Waller and popular classics. Phil is always happy to take requests. Enjoy a delicious tea and then dance away the rest of the afternoon with Simon & Anna from SwingdanceUK. Specializing in 40s Jazz & Lindy Hop, 50s Rock n Roll, 30s Big Apple and 20s Charleston they'll have you Swinging, Jiving and Jitterbugging in no time.
 Booking through the Box Office essential.

LIST OF VENUES

- **Age Concern Chiswick**, Near the corner of Chiswick High Road and Oxford Road North, W4 4DN
Bus: 237, 267, 391, H91, 440
- **All Saints' Church**, Church St. Isleworth, TW7 6BE
Bus: H37 to South Street then 10 minute walk
- **Brentford Library**, Boston Manor Road, Brentford, Middlesex TW8 8DW
Bus: 195, 235, 237, 267, E8, E2
Train: Brentford
- **British Library**, 96 Euston Road, Kings Cross, London, NW1 2DB
Bus: 10, 30, 59, 63, 73 and 91
Tube: King's Cross/St Pancras and Euston
Train: St. Pancras International, King's Cross and Euston
- **Chiswick Library**, 1 Dukes Avenue, London W4 2AB.
Bus: H91
Tube: Chiswick Park
Train: Chiswick
- **Danehurst Centre**, Danehurst House, Brent Lea, Brentford, TW8 8HX
Bus: 267, 237, E8, 235
- **Dorich House Museum**, 67 Kingston Vale, SW15 3RN
Bus from Cromwell Road Bus Station, Kingston get off at Woodview Close, 85, K3
Train: Kingston
Parking: Limited free parking at the Museum
- **Edward Pauling House**, Westmacott Drive, Feltham, TW14 9RJ.
Bus: H25, 116
Train: Feltham
- **Feltham Library**, The Centre, High Street, Feltham, TW13 4GU
Bus: 90, 117, 235, H25, H26
Train: Feltham
- **Frogley House**, Estridge Close, Hounslow, TW3 3RE.
Bus: 116, 117, 235, 237, 423
- **Garden Museum for Lambeth Palace Gardens**,
5 Lambeth Palace Road, Lambeth, London SE1 7LB
Tube to: Victoria then
Bus: 507 towards Waterloo get off at Lambeth Palace
C10 towards Canada Water get off at Lambeth Palace

- **Greenham House**, 55 Stanborough Road, Hounslow TW3 1YF
Bus: H37, 237, 117, E8
- **The Hive**, 359 Hanworth Road, TW3 3SQ
Bus 110, 111
- **The Hub**, next to Feltham Library, 2nd Floor, The Centre, TW13 4GU.
Bus: 90, 117, 235, H25, H26
Train: Feltham
- **Kew Gardens**, Kew, Richmond, Surrey, TW9 3AB
Bus: 65, 391
Train: Kew or Kew Bridge
- **Mansonian Bowls Club**, Market Drive, Chiswick, W4 2RX
Bus: E4
Train: Chiswick Overground
Free car park at Bowls Club
- **Multi-Cultural Centre**, 49-53 Derby Road, Hounslow, TW3 3UQ
Bus: 110, 116, 117, 235, 237, 281 and others
Tube: Hounslow Central
Train: Hounslow
Car: Treaty Centre Car Park
- **The Musical Museum**, 399 High Street, Brentford, TW8 0DU
Bus: 65, 267, 237, 391
Train: Kew Bridge
- **Osterley Bowls Club**, St. Mary's Crescent, TW7 4NB.
Bus: H28, H91
- **Royal Chelsea Hospital**, London Gate, Royal Hospital Road, London, SW3 4SR. (MAP PROVIDED)
Tube: Sloane Square
- **St. Paul's Church**, Bath Road, Hounslow, TW3 3DA
Bus: 81, 203, 222, H32, H98
- **United Reform Church**, 114 Hanworth Road, Hounslow, TW3 1UF
Bus: 81, 110, 111, 116, 117, H28, H32, H98 and others
Tube: Hounslow Central
Train: Hounslow

